



Tall Ships
YOUTH TRUST

Charity number: **314229**

**CHANGING YOUNG
LIVES AT SEA**



Registered with
**FUNDRAISING
REGULATOR**



tallships.org



info@tallships.org



02392 832055



[TallShipsYouthTrust](#)



[TallShipsYT](#)



I can be recycled

ABOUT US

Tall Ships Youth Trust (TSYT) is a youth development and outdoor learning charity that helps disadvantaged young people aged 12–25 to redefine their horizons through life-changing adventures at sea.

More than **125,000 trainees** have sailed over **two million nautical miles** with us since we first set sail in 1956.

Out on the ocean we **empower young people to realise their full potential**, supporting them on their journey to adulthood and for some, **careers in the maritime sector** and the **blue economy**.



DID YOU KNOW?

75% of the young people we support are experiencing disadvantage and would not be able to take part in this life-changing opportunity without the **generosity of our loyal supporters**.

These young people might be facing challenges with mainstream education; others have emotional or behavioural difficulties; some struggle financially – **but all of them deserve the chance to learn crucial life skills**.

WE BELIEVE IN A SOCIETY WHERE ALL YOUNG PEOPLE STRIVE TO CREATE BETTER OUTCOMES FOR THEMSELVES AND FOR THEIR COMMUNITIES.

Please support TSYT today and help make this happen.



OUR WORK

TSYT currently provides voyages to **more than 1,000 young people each year**. This number **must** increase over the next few years, so that as many young people as possible, living in the **most deprived areas** across the UK, can experience a **transformational voyage**.

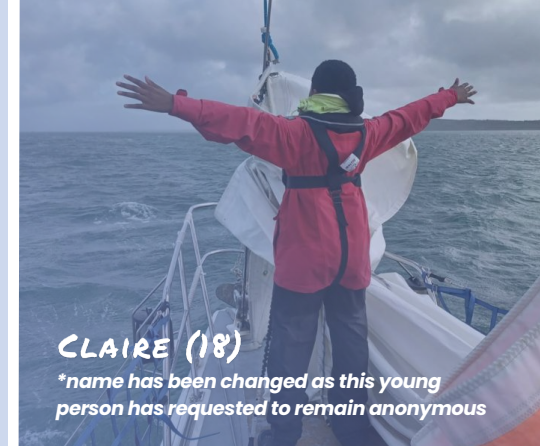
More than **90%** of young people felt their **confidence and ability to manage their feelings** had improved after voyaging with us.

Our **three-voyage programme** of **Exploration, Empowerment** and **Leadership** focusses on the **long-term support** of young people and is tailored to their individual needs.

It combines **outdoor learning** with **personal development, social development, and practical life skills**. It supports young people on their journey to adulthood and equips them with life skills and resilience, to sustain them throughout their lives.

Young people regularly report improved **team working** and **communication skills** following their time on board.

On our voyages, young people can work towards and achieve various qualifications including the **RYA Start Yachting** or **Competent Crew**, as well as completing the residential and expedition components of the **Duke of Edinburgh's Award Scheme**.



CLAIRE (18)

**name has been changed as this young person has requested to remain anonymous*

Claire joined TSYT when she was 13.

Unlike most 13-year-olds, Claire's time wasn't spent doing her homework, playing with friends, or relaxing.

Claire was a young carer, looking after her mum and her two brothers.

She was so excited about her first voyage with TSYT, and felt she was going to be **free for the first time**. Once on board, she found the team around her **truly supportive**.

"Bushy, the Skipper, told me how much I'd grown as a person on board and recommended that I come back as a Watch Leader. It was then I realised that he wasn't just saying nice things, he really meant it."

For Claire, TSYT has changed her world significantly. *"TSYT has helped me develop my leadership skills, I have so much more confidence, and sailing helps me escape from my daily life. I have better mental health and I feel safe and appreciated on board. I struggle with insomnia at home and when I'm sailing this almost goes away completely."*

By supporting TSYT, you can **help more disadvantaged young people**, just like Claire to have a brighter future.

WAYS TO GET INVOLVED

There are many ways you can support our work, here are a few ideas, please get in touch if you'd like to find out more.



- **Book an adult voyage with us** – our adult voyages help fund our youth development work
- **Make a donation** – every penny you can give helps a young person's development into adulthood
- **Volunteer onshore and offshore** – from Watch Leaders and Youth Mentors to fundraising and hub support, there are so many ways you can give your time and skills to help young people
- **Organise your own fundraising event** – raise money to help a young person's future. Do something you love or take part in an exciting challenge event!
- **Become a TSYT member** – play an active role in shaping the future of the charity
- **Ask your workplace to get involved** – company fundraising is great for team building, so round up your colleagues and get planning
- **Leave a gift in your will** – make a lasting contribution for future generations



YOUR SUPPORT TODAY HELPS THEIR TOMORROW

MAKE A DIFFERENCE

Online: tallships.org

Text: YOUTH to 70560 to donate £10

Post: 2a The Hard, Portsmouth, PO1 3PT

**SCAN
ME** 
TO DONATE

